

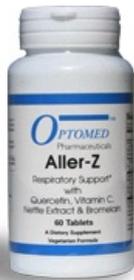


CLINIC NEWS



NEW DOC TALK VIDEO ONLINE NOW!

Find out what causes allergies, how you can minimize them... and how a revolutionary new protocol can end your allergy misery forever!
[WATCH DOC TALK NOW!](#)



STOP Seasonal Allergies With the "No Shot" Optomed Aller-Z Protocol!

How would you like to be free of the misery of allergies for a lifetime in just one to three months... without shots? Does it sound too good to be true? Just take the Aller-Z Protocol home, take the daily supplement and self-administered serum, and say goodbye to allergies!

The Aller-Z supplement tackles symptoms now

The Aller-Z self-administered serum goes home with you - just place a few drops under your tongue each day

Adults and children alike can experience amazing results in one to three short months

Now through April 31st
SAVE 10%



Are Your Allergies on the Attack?

It's time to stop the suffering! The American College of Allergy, Asthma and Immunology says that 94% of allergy sufferers report their condition negatively affects their quality of life, but most just continue to suffer. The poll found only 50% of allergy sufferers consider the disease a serious medical condition, and less than a third consulted a doctor the last time their symptoms acted up.

That's despite the fact that allergy sufferers have trouble getting a good night's sleep, having fun outdoors, being able to concentrate, being productive at work, or enjoying a satisfying sex life.

[It's time to put a stop to allergy suffering. Click here now to watch my latest Doc Talk video - featuring the inside story on life with allergies, and simple things you can do to minimize or even completely stop allergies!](#)

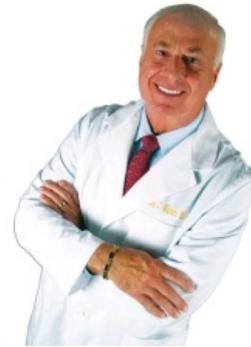
It may surprise you that allergies can turn into serious health threats like chronic sinusitis, ear infections, insomnia, depressed immune function and asthma. What may be most surprising is that the solution to your allergies may be far more simple than you thought.

Wellspring's Aller-Z Protocol for allergies and asthma knocks out allergy and asthma symptoms now and in the future - all at home, naturally and with no shots! It's time to solve your allergy problems once and for all! Come in for a visit - let's put those allergies out of their misery... starting today!

For an appointment, call 480.946.9222!



Is your home giving you allergies? Take this mini-quiz and find out! If you answer "No" to more than three of these questions, it's time to get to work on



Stop the endless - and needless suffering!

[Watch my Allergy Alert video now](#), and discover how you can minimize allergies and home, and get allergy-free for life!

Is your home giving you allergies? FIND OUT NOW!

1. Have you encased pillows, mattresses and box springs in dust-mite-proof covers?
2. Do you wash all bedding at least once a week in 130 degree Fahrenheit water?
3. Do you close windows during pollen season - especially during the pollen-producing mid-day hours?
4. Have you removed as much carpeting as possible from your home?
5. Have you switched to leather from upholstered sofas and chairs?
6. Do you leave your shoes outside?
7. Do you wash any clothes worn outside daily - before they are put back in your closets?
8. Do you shower and wash your hair right before bed?
9. Do you wear glasses or sunglasses



[WellspringHCG.com](http://www.WellspringHCG.com)

If you'd like to lose 10 pounds, or 200, don't miss www.WellspringHCG.com!

It's the home of Doctor Sam's Optomed Weight Loss Protocol. You'll find videos, before and after pics and all the information you need to get involved in this amazing protocol that is changing lives every day! [CLICK HERE TO VISIT the Wellspring HCG Site!](#)

minimizing home-induced allergies!

10. Have you replaced drapes and curtains with hard-surface blinds that are cleaned weekly?

Allergy FACT 1: Shoes and clothes are pollen magnets!

Every time you walk outdoors, pollen becomes impregnated in your clothes and shoes. Get in the habit of removing shoes before you enter the house, and taking off clothes in the laundry room - not your closet or bedroom. You'll keep your contaminated clothes from spreading pollen on your bedding and fresh-cleaned clothes.

Allergy FACT 2: Hot water is a must to kill pollens and dust mites!

Now that you're in the habit of removing "outdoor worn" clothes immediately - and in the laundry room - make sure you get all the pollen and dust mites out by washing them in 130 degree water. If you've got little ones at home, monitor them around the bath and sink, as water this temperature can scald skin.

Allergy FACT 3: Wear glasses or sunglasses to block pollens.

Blocking your eyes from the onslaught of pollens will reduce your allergy symptoms - not just the burning, itchy, watery eyes, but all of your allergy symptoms.

Allergy FACT 4: Stay inside during pollen-producing mid-day hours.

Pollen-producing plants are hard at work all morning, releasing the most pollen during the hot, mid-day hours. Plan your outdoor outings for the evening hours whenever possible.

Allergy FACT 5: Take your daily shower at night!

Don't go to bed with pollen coated skin and hair - you'll be rubbing your face in a pollen coated pillow all night. Allergy sufferers should take daily showers at night to rid skin and hair of daily pollen build-up.



Get a handle on seasonal allergies with the help of these little-known allergy facts!

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